



'My Friend Fuzzy'

Some years ago Susie and Phil created *Fuzzy the Clown* (12) and this song has been loved by many for over a decade. I observed that particular enjoyment was gained in the moments prior to Fuzzy popping out of the box. Oh -the suspense!!

The creators of Fuzzy have taken it all just a bit further in this new song of Fuzzy's activities... Fuzzy *peeps* out of the box and performs a number of actions while he is peeping –until the moment when he finally pops right out! How tantalising and fun this will be!!

This song gains particular relevant when used with individuals who are wheel chair-bound. Fuzzy too is anchored to one spot! The song itself indicates ideas from which children can gain inspiration and embraces many skills for healthy development. These include:



- Fun
- Self expression
- Being the centre of attention
- Enhanced quality of life
- Getting up off the floor to crouching position
- Waiting...
- Moving from crouching to standing position
- Licking lips –tongue muscle development
- Tapping nose –where is your nose?
- Yawning
- Stretching –arms above head (–for muscle strength and tone)
- Blowing a kiss (pre-speech activity)
- Listening for cues
- Free improvised movement
- Movement directed by prompts

Variations:

- **Decorate a large box and place in the middle of the circle for Fuzzy to peep out of. The individual in the box is the leader. Other students place their chairs on their side and hide behind their chairs to peep and pop up with Fuzzy!**
- **At one school that I visited a generous staff member had made the children collars to wear like Fuzzy. They were comprised of a strip of fabric that was gathered into elastic around the neck. The two ends of the strip fastened together at the back with Velcro. The collars were decorated with braids and sequins and the children *loved* them. When they put them on they were transformed into Fuzzy clowns! (see picture on previous page)**

My Friend Fuzzy

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Moderately ♩ = 120

Am Am Am Am Verse Am Dm

My friend Fuz - zy sleeps_ all day_ but when

E7 Am Am Dm

night-time comes he loves_ to play_ he waits till ev - 'ry-one is fast a- sleep_ then

E7 *rall.* - - - - - , Dm Am

Tempo primo

out of his box Fuz-zy does peep He shakes his head And licks his lips_

E7 Am Dm

he blinks his eyes and wig-gles his hips taps his nose

Am B **Freely** **Slowly**

and gives a side-ways glance then Fuz-zy pops up ooh_ 'cos it's

E Chorus A Dm G

Tempo primo

time to dance_ And he dan-ces and dan-ces all a-round and he dan ces and dan-ces all a-

C A Dm G

round_ and he dan-ces and dan-ces all a-round and he dan - ces and dan-ces till the

C A Dm G **Slowly**

rit. - - - - - ,

ear - ly morn but now he's tired and he has a big yawn (yawn) he stretch-es his arms up_

C E7 **Freely**

to the sky then he pops down Ooh_ and blows a kiss good -

Tempo primo

Am

bye (kiss)

1.2. *cello*

3. *cello*

The musical score is written in 4/4 time. It begins with a key signature of one flat (B-flat) and a tempo of Moderately at 120 beats per minute. The first line of music is a whole rest, followed by a repeat sign and a melodic phrase. The lyrics are: "My friend Fuz - zy sleeps_ all day_ but when". The second line continues the melody: "night-time comes he loves_ to play_ he waits till ev - 'ry-one is fast a- sleep_ then". The third line starts with a *rall.* (ritardando) and then returns to the tempo: "out of his box Fuz-zy does peep He shakes his head And licks his lips_". The fourth line: "he blinks his eyes and wig-gles his hips taps his nose". The fifth line: "and gives a side-ways glance then Fuz-zy pops up ooh_ 'cos it's". The sixth line is the start of the chorus: "time to dance_ And he dan-ces and dan-ces all a-round and he dan ces and dan-ces all a-". The seventh line: "round_ and he dan-ces and dan-ces all a-round and he dan - ces and dan-ces till the". The eighth line: "ear - ly morn but now he's tired and he has a big yawn (yawn) he stretch-es his arms up_". The ninth line: "to the sky then he pops down Ooh_ and blows a kiss good -". The final line is a bass clef with a whole rest, followed by a melodic phrase for the cello: "bye (kiss)". There are two endings for the cello part, labeled 1.2. and 3.